

FOM Study Tour: Splendours of Sri Lanka

4-15 Sept 2024, 12 days/11 nights

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Note that the following itinerary may be subject to some changes.

Sept 2024	Itinerary	Overnight & Hotel	Meals
4	20.10hr: Flight from Singapore to Colombo on Sri Lankan Airline. On arrival, meet our guide and transfer to Colombo hotel.	Colombo: Galle Face Hotel	Dinner on flight
5	We visit the home of Geoffrey Bawa, pioneering architect of Tropical Modernism for guided tour. After lunch, we have a tour of National Museum followed by a talk on archaeology of ancient Hindu-Buddhist kingdoms. Sunset drinks and welcome at Galle Face Hotel/Mt Lavinia.	Colombo: Galle Face Hotel	BLD
6	Visit the famous Gangaramya temple and Seema Malaka on Beira Lake, followed by a walking tour of Old Colombo that takes in many of the historic sites. After lunch, we visit Paradise Road and have some free time for shopping.	Colombo: Galle Face Hotel	BLD
7	We leave Colombo and head to the north central region, stopping to visit the Aukana Buddha, the tallest of the standing Buddha statues in Sri Lanka. After lunch, we visit the Ibbankatuwa Megalithic Tombs, then the famous Dambulla Caves, a UNESCO World Heritage site.	Dambulla: Kandalama	BLD
8	In the morning, we visit and climb Mihintale Hill, cradle of Buddhism in Sri Lanka. After lunch, we explore the sacred city of Anuradhapura, first of the great kingdoms of Sri Lanka and have a tour of the ruins followed by a visit to the Archaeological Museum. A highlight is the sacred Bo tree, believed to have been planted in 236 BCE.	Dambulla: Kandalama	BLD
9	A morning tour of the ruins of the ancient city of Polonnaruwa, followed by lunch by the lake. In the afternoon, we head to Minneriya/Kaudulla national park for a game viewing safari.	Dambulla: Kandalama	BLD

10	Early 7am start to visit and climb Sirigya, the famous lion's rock and a UNESCO World Heritage site. Later we experience village life at a charming local village and have a delicious lunch. We then explore Ritigala Forest Monastery, a historic site dating to 1 st century BCE.	Dambulla: Kandalama	BLD
11	In the morning we transfer to the hill town of Kandy, visiting a spice garden enroute, and having lunch there. In Kandy, we visit a gem museum, explore the local markets and have a walking tour of historic Kandy.	Kandy	BLD
12	We do the 3 temple loop in the morning, visiting 3 temples with outstanding architecture/artistic features. Then we visit the famous Botanical Gardens, experience a Cultural Show, and see the fabled Temple of the Tooth, the holiest Buddhist site in the country.	Kandy	BLD
13	An early morning start and we drive to Galle, visiting Lunuganga, Geoffrey Bawa's country home enroute. We stop here for a tour and lunch, and later reach the charming Galle fort where we have a heritage walk around the ramparts and watch the sunset over the Indian Ocean. In the evening, we have a talk on Ayurveda.	Galle: The Merchant	BLD
14	In the morning we drive to a tea factory for a guided tour, followed by a walk through a cinnamon plantation. After lunch, we head back to Galle, and then go to Unawatuna for sunset drinks and dinner by the beach.	Galle: The Merchant	BLD
15	07.00am: Early departure from Galle and drive to airport for flight to Singapore.		B